

## My Back-to-School Checklist

|   | I practiced my morning routine 3 times.  |
|---|--|
|   | I woke up, got dressed, washed up, brushed my teeth and ate my breakfast just like I'll do on school days - three days in a row!   |
|   | I learned how to walk to school or to my bus stop.   |
|   | I know how to get to my bus stop/school each morning and how I'll get home after school each day.  |
|   | I organized my clothes!  |
|   | I know where I put my clothes including the clothes I wear to school each day. I also know where to put my clothes when they're dirty.   |
|   | I know where I'll put my backpack, books and school supplies each day.   |
|   | I have a special place at home where I keep my school bag and books so I will always be able to find them when I need them.  |
|   | I know what I'm having for lunch.  |
|   | I know how to order my lunch at school or what I'll bring in my lunch box each day.  |
|   | ☐ My parents and I know who my teacher is.   |
| 2 | I know my teacher's name, and my parents know how to contact my teacher if they have questions about how I'm doing in school.  |
| S | ☐ I know what I'm doing when I get home from school each day.  |
| n | My parents and I have talked about my afternoon schedule. We know where I'll be after school, when I can play with friends, when I need to do homework and when it's time for bed. |
| 1 |  |